world thru a window

short poems about life

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"Relationship, surely, is the mirror in which you discover yourself. Without relationship you are not; to be is to be related; to be related is existence. And you exist only in relationship; otherwise, you do not exist, existence has no meaning. It is not because you think you are that you come into existence. You exist because you are related, and it is the lack of understanding of relationship that causes conflict."

J. Krishnamurti *The Mirror of Relationship*

ocean city 5:27 am

salty waves crash the beach. in the moonlight seagulls fly past like ufos. to the left an unseen dog barks at ghosts and on my right two old women walk side by side, their conversation an incomprehensible yawn. the sea sparkles like diamonds while a buoy drunkenly flashes red as fishing boats sail out to horizon's edge an hour before dawn.

from a train, anonymously

from the train it's all backyards of ramshackle houses edged in rusted chain-link fencing or tumbled stone walls, with dusk fast approaching most lots are abandoned, save the occasional threadbare couch or truck set on blocks. and as we roll slowly past the lone traffic light flashing in this anonymous town a gang of shirtless boys pantomime making funny faces as we pass before a derelict station which time has forgotten suddenly blocks them from view.

beneath a winter's moon

you were unapproachable so clearly out of my league yet sweet and serene as you strolled those crowded halls from once upon a time and looking back now it might have been mid february or march after my honorable discharge when i ducked into tw's pub on a random tuesday night and there across the bar with a flannel clad heavy-set guy sporting a grease-stained cat hydraulic hat you sat sipping a beer looking like you'd rather be anywhere else than holding together the severed threads of some conversation better left unsaid when our eyes met and in their desolate depths i realized how even beauty queens can stumble like

an angel tumbled down from the dizzied heights of grace to land in this place beneath a cold winter's moon.

a vacancy

his side of the closet is vacant now save for a handful of white wire hangers left behind too fragile and bent to be useful again and you don't know where he went or where he ever really was even when he laid beside you in a bed that refuses to let go of his scent and as you take another sip of coffee by a frosted window pane you realize just how cold were the days and how empty those nights despite his constant presence in your life as an early morning snow begins to fall.

cruising mammoth road

i imagine every town
has that road you cruise
with your best friend
the tunes cranked
loud on the radio
heading to no-place
in particular as telephone
poles pass by your open
window mile after mile
and no other cars
or kids or cows are seen
for long stretches
at a time, for us

it was mammoth road
heading north long before
developers cut down
trees and planted houses
like corn in neat rows
where each one looks
just like the rest
except for maybe
the color of minivan

parked out front or name painted black on a white mailbox by the road. but back

in the day it was ours which we drove and talked for hours on end about girls or plans for after high school while the songs kept rolling along only now he's gone and i've traveled too far from home to catch even a glimpse of mammoth road in my rearview mirror.

cherry blossoms

Ι

beneath a cherry tree soft with early buds you gave your love to me.

II

you cannot hurry spring — cherry blossoms only blossom when they're due.

III

as a crow cries out one single blossom petal reluctantly falls.

IV

a cherry blossom lost on the breeze nestles a moment at my feet. cold nights naked trees — only now is your absence intolerable.

amy says

she likes winter
she says
when the air is so cold
you can see your breath
and walking on snow
crunches under your boots
like a million tiny
diamond crystals.
she likes bunnies too
who hide in their holes
under a blanket
of pure white snow
once the air turns so cold
you can see
your breath.

today the late june sun warms her face as she steps barefoot across the driveway on tippi toes to watch this year's family of baby bunnies out from their holes and eating clover by the edge of grass and pavement.

lost southwest of cagliari

while absentmindedly strolling the rocky shore as salty waves bathed my feet i caught you unawares sitting in a shaded alcove of stones wanting to be alone as tears gracefully rolled down both cheeks. and for one heartbeat or two i stood transfixed unsure if i could pool with you by way of a steady shoulder or comforting arm wrapped securely around your waist as you cried for love lost or simply misplaced. and standing there as the hot august sun burned my face it seemed the distance was far greater than crossing a mere few feet of sand stretched out between us so with a wistful glance for a whole host of what-might-have-beens i left you lost among the rocks hoping that someday one would come along to finally set you free.

Just Like Amber

I remember you sitting cross-legged in a white low-cut cotton dress speckled with tiny blue flowers as the sweet sounds of happy unseen children playing someplace outside drifted into your room on gentle, cool summer breezes. Maybe it's too

much to ask from time for any one moment to remain fixed and frozen like a butterfly forever suspended in golden amber only surfacing years later from some subterranean tomb to eventually emerge into the light once again. It's certainly true that all of life seems

a perpetual letting go — whether in grand funeral procession style, or more simply still, like each dried autumn leaf that one by one drops from its tree to get lost with the rest once the wind begins to blow cold. So please

pardon the analogy if I choose to treasure this sole memory of mine snatched from the stealthy clutch of time like a shard of amber kept securely in pocket and held in ready reserve just for nights like these when the moon hangs low in the eastern sky casting long shadows across my mind at the end of another day spent alone in silent separation.

the heron's cry (for iulia mitiashova)

somewhere beneath
the thick morning mist
and sailing calm blue waters
on lonesome lake
you can hear them clearly
but only if you listen
closely, leaning
into the wind
before the world of men
wakes another day
with its thundering sound
of naked triviality.

i don't know
where they'll fly
once the sun breaks high
above the tree-lined
horizon
burning away
the last traces of fog
and there's
no place left
for herons to hide.

to a lesser god

we drove along a nondescript country lane until the bus stopped in a gravel parking lot and we all got out with cameras slung around our necks while the hot sardinian sun beat us down and scrambling up a rocky path we passed an old farmer plowing his plot of land as it had been done for centuries the simple wooden wedge cutting black soil while he and his donkey didn't bother to look as we made our way over a low hill to finally catch view of clear blue

waves crashing against the granite shore and as our guide led us further down the route we came to an ancient rock wall and through the narrow gate was a field of boulders scattered about clearly unfit for farming (or anything else) and looking around i spied small red ceramic pots with white rocks holding their lids in place and over the sound of sea waves doing their best to erase all traces of human history she shared how we were standing in a late phoenician cemetery where women

once sacrificed their first born child to some lesser known god and how each pot held the ashen remains of their eternal sacrifice and maybe it was the heat or the long walk to that spot but my head began to swim with fear and dread as i wondered how such a place could ever exist and how even the gulls shied away as if the ground itself was so obviously cursed and yet here we stood with cameras at the ready filled with idle curiosity and gawking like school

children beneath an unforgiving summer sun.

each thundering beat

she asked about loneliness and what it was all supposed to mean as if somehow this singular truth of our existence held the key to her freedom and by extension (i suppose) for the rest of humanity too. but what words could i share to alleviate her fear as we sat there side by side while ocean waves crashed against the rocky shore just inches below our naked feet and a slowly setting sun warmed our backs at the end of a long sultry afternoon.

after some time and far out where sea and sky inevitably meet a slivered crescent moon began it's climb into the evening sky while i sat and wondered why those incommunicable depths which lie unplumbed within are never enough most days to fill us up with all we ever really need rather than this fruitless search to mend a heart seemingly forever torn in two between each thundering beat.

morning in santo tomás

my first thought was that pigeons were back for a morning stroll atop the rusted roof

of this particular shack and my need for sleep such easy prey caught in their domesticated talons.

but it was rain instead, another deluge of more wet on wet as thick drops splashed with pregnant

possibilities shot through this hot and humid air hung like damp cheesecloth without a breeze.

by noon the nuns would return to clear away

the empty bottles of *cerveza* and lug in fresh

cases, too, and i wondered what their thoughts might be once they surveyed the scene of

another late night lost here in purgatory (or so it seemed) before my last day and ready to

leave, yet still hollow inside like holes in my mosquito net which made me a nightly feast for bugs.

word upon word

puff of breath.
energy and intention
suspended on the gossamer
threads of conversation.
modulation and tone.
thoughts honed
to a razor's edge
balanced on that fine
line of literal
and symbolic
meaning.

vibration and passion.
the ether moves between
us but can you feel
me from your side
of this great
divide? such dead
air brought to life
with fire which tugs
at the darkness,
word upon
word?

on elephant road

what hits you first is a liquid heat which weighs palpably down upon all your sensibilities and next comes the crush of strangers shouting how they'll carry your bag for only a few taka as they push for position to close the gap between you both until my wife's uncle finally arrives to part them like moses before a flooding red sea and you're quickly whisked to a waiting car outside where another white-hot throng shoulders forward despite bamboo wielding policemen who officially dole out punishment with merciless precision to force a narrow path so you can finally pass through the wrought-iron airport gates. later in the day it's off

to the money-changer's place on elephant road where we're forced to hike along a busy sidewalk strewn

with the small brown bodies of huddled children no one seems to notice or want as they shiver in the shade their tiny prone shapes just so many speed-bumps to navigate while we talk of time-zones and jet-lag which seems insanely at odds with the scene and my arms aren't big enough to corral them all in and my hands aren't strong enough to hold them all tightly so i survey as many as i see and wrap them with love to place in a box and bury in my heart while i walk with the rest to mr. choudhury's office where tea gets served and exchange rates get fixed as if those buzzing city streets

never really mattered, as if nothing could be more normal in all of this world until it's time to hand over crisp cold dollars for crumpled colored scraps of paper littered with a language

i'll never understand and we make our way once more past those tiny angels lying in dust by the side of some road while tears find it impossible to escape the rusted-shut cages of these eyes. back here we talk of love as such a domesticated thing like some cat lounging in sunlight which streams through the windows in one of those brownstones lining beacon street and which offers us such easy comfort against the night or serves as nothing more than a personal rubber-stamp of approval for our endless trivial pursuits, the white noise

backdrop (if you will)
for such empty little lives
while elsewhere in this world
a flood of unwanted children
sleep side by side and unseen
by the dusty edge
of some congested
city street.

a riff for ames

she sang to me (and to more than only me) her voice hitting notes reserved for gods (or in dreams), and those unrelenting waves conjured up phantoms of things better off behind closed doors like some endlessly rolling penny heard yet left unseen.

we never met
(of course) but had
she and i
bumped each other's way
across some back
alley or moonlit

street
her eyes would have caught
mine captive,
lost in pools
of liquid night
and forever
unable to say goodbye
or
(wanting to) escape
back to what i
always already
knew.

and if life
is like a pipe
then some puff
of soul
drifts on (how terribly
cliché)
within those vibes
which keep rolling along
criss-crossing
both ether and web —
but most days
that simple truth
isn't enough

to save me from dying a hundred times from dread and sliding inexorably back into black.

checkout time

no one dreams when they're young of being poor or becoming a drunk standing in the checkout line fishing through a bag of pennies and counting them out one by one for the young blonde girl who looks nervously my way as you ramble on smelling of booze and cigarettes. i'll admit to stepping back and keeping some distance as you lean in proceeding to invite me into your world through incoherent words thrown about between hacking coughs and waiting on my reply which remains stuck in throat so all i can offer in return is non-judgmental

silence. and as you stumble away raving about the holiday i'm left wondering how life turned out this way for you (and more than you) while the checkout girl whispers an apology that doesn't need to come.

the morning after

shaft of moon-beam, cold light striking cold tile floors swept clean of history (at least for now). he sleeps, oblivious another lost night in town down at the bar swapping stories piled high like so many crushed beer cans stacked precariously along a dull brass rail, just another day of broken chances and wasted dreams. your bruises will heal (on the surface, at least) as tomorrow's dawn

brings along one more monotonous apology that always fills your ears the morning after.

another starry night

there's no way to know for certain what he saw from that open window one solitary night when he felt moved enough to reach for his brushes once again so that this lone insight could burst into life through ten thousand swirls and strokes of blue upon blue punctuated here and there with yellow and white orbs of light shining high above some sleepy town which only existed in imagination.

face to face
with his stunning expression
of a deep longing
to live in a world that flows

and ebbs with the rhythm and harmony of all that is good and all that aspires to be i'd like to think that somewhere his soul can finally take rest not so much in a fame as fleeting as summer rain but rather for doing his best to convey a truth deeper than words ever could which resides far beyond the dawning horizon.

colorful jim c

he talked about the ultimate color to thread thru his window on a world

and maybe you remember the jester who once stood on a stage so grand

but it seems now he's become electric as his soul burns thru both of his hands

pulling truth from the depths of spirit making it manifest boldly on canvas

and maybe it's all just to free him but if you ask it's according to plan.

soliloquy

you don't have to pull as these words bleed out and spill on the page to soak them in meanings i can't yet understand. but if i asked for a hand it might simply be this — please don't judge them too harshly once the finish has dried.

on huron street

on some summer afternoons i used to kneel as if in prayer by an open bedroom window with my gaze fixed on nothing in particular as random sounds floated in aboard warm breezes — a buzzing bee bumping awkwardly into the screen or an unseen boy shouting curse words in the distance and the occasional car cruising down my lane on its way to someplace grander than huron street.

occasionally i would view a friend biking past or camped on his lawn calling for a game of catch and yet i remained rooted there despite two painful knees — glued to the floorboards

of my room as if waiting for some sign or omen from god or mother mary that everything would turn out just fine in the end for a shy little boy with a head full of worries and heart forever worn on his sleeves.

just a preference

i preferred climbing trees to endless games of tag or war played with silver toy guns reflecting glints of scattered summer sunlight on hazy afternoons sitting high up near the top of some thin maple or stately oak and perhaps just a tiny bit closer to god as warm lazy breezes swayed those branches to and fro and me right along with them as i sat there perfectly perched and lost among the leaves while boys far below shouted out their nonsense to an unseen audience of one.

zazen

sunlight breaks above the trees.
a time to sit (for only a moment).
still the flow of images —
breathe (your heart beats, your heart beats).

the old masters

he spoke of the old masters while wind wildly whipped his silver hair

and i wondered what he found so alluring in their choice of muted

tones, the cherubs with rosied cheeks appearing chubby and much

too contented with themselves or the world of men to be taken

seriously. maybe it was their study of faces lost in reflection or serenely

composed, so many faces of those long since passed whose stories

we will never know, anonymous faces now immortalized on museum

walls which the masses pass by without bothering to take note.

north slope of varnum hill

on many a lazy summer evening we took the short hike up to varnum cemetery and our favorite spot on the hill's north slope where cool green grass beneath the vaulted cathedral-like ceiling of sugar maples and soaring white oaks made it the perfect place for gazing up at those few bright stars able to peek through shadowy leaves swaying slowly in the breeze and for long stretches of time we remained quietly lost in each other's thoughts.

at times i wondered what any stray ghosts might think had they awoken from their graves and bothered to stay long enough to watch us mimicking a sort of silent repose lying on the slope or if we somehow disturbed their peace with our discussions on ee cummings or death as a new beginning given the eternity of our souls and so late into the night only a few feet above their final resting place and long after anyone was left in the world to care that they were buried there

of course we both couldn't foresee

how ten years would pass before your mom laid you to rest on that very spot of grass when the wind blew cold and no leaves remained in the canopy above saying how it felt right without ever knowing about our many nights spent beneath the summer sky on such hallowed ground and where your granite stone now marks the slow passage of time like so many others accumulating dust while the essential part of you flew far away seeking a firmer foundation to resume the journey all over again.

and it passed

she raised her head like you raise a glass to make a toast and when our eyes met in that specific second i felt a dread that grabs your bones and shakes loose every last shred of artifice until nothing false can remain fixed in place your masks crashing down around you with a sound like dirty dishes smashing on an all-night diner's tiled floor, and maybe

now you're waiting for a resolution

of some sort or happy conclusion as if she would stand with arms flung open to wrap us both in a warm embrace but why does it only seem to count when there's this thing to show or hold rather than simply letting it flow like electric fire which sparked to life for some unknowable reason in the blink of an eye. and maybe

that's just how it's supposed to play itself out when in a singular moment frozen from the flow of time two souls connected across a crowded bar
as she shone
with unpossessable
eternal light
burning brightly
through the darkness
one solitary night
in utrecht
and the choice
laid so graciously
at my feet
was for me
to let it pass.

a portrait of self?

it's not some photo pinned in a frame that hangs by the door slowly collecting dust. it's not found in memory from last we spoke when you stormed out on us.

and not this face in the mirror staring blankly back at me.

lately it feels like swimming through fog where all human senses are dulled. striving to plumb subterranean motives in the darkest depths of one.

despite all my searching it forever eludes me piece by subtle piece.

all in the cards

the weight of my world was held in her delicate hands as fate got shuffled along with the deck while she spoke in a language easy to understand despite coming from someplace outside of time and as i waited anxiously cards began to spill out haphazardly landing on her table with no apparent order but she only smiled sweetly and picked them up one by one to arrange in a pattern that told a story as if reading my mind as if seeing my soul with crystalline truth exposing each facet to the light of day

and when she was through it was all i could do to hold those pieces together.

breathless

the soul of a flute is found in notes that float on a tempered breath while the soul of a quitar consists of finely tuned strings which sing when strummed or picked by two talented hands. the soul of a song i suppose is best expressed by written notes that scale across a score when played while the soul of a book can be found lying beneath those printed words on the page which are only brought to life in the blink of an eye by a mind eager to look

below the literal surface of everyday things. and what of a human soul? if such truly does exist then perhaps it can be felt in moments that make us breathless.

it strikes a cord (for noémie lorzema)

the notes of her song echo across so much unfeeling air between us and maybe you'll say it's just a vibration of molecules moving this way or that but what i feel is some invisible finger plucking silver strings deep within stroking cords lying dormant from lack of use perhaps or simply forgotten like some priceless stradivarius cast aside in the corner collecting dust.

•••

as tears stream
down these stubbled grey
cheeks i recall
the words of my dad
who taught me
at an early age
that boys don't cry
as if somehow
our collective humanity
comes at a much
steeper
cost for
holding it all
within.

with the voice
of an angel
she finishes her song
which lifts me up
and what bubbles
to the surface
is a secret longing for a home
i've never seen
so far removed from
this place, and
if you'll kindly pardon

this momentary lapse of weakness don't take it personally when i confess (with abject humility) how i'd rather be planted there than lost in this space.

by a window, waiting

by a window she waits. the sky slowly bleeds from wine to blackest ink. lit by the cool incandescent glow of her phone she waits. the city skyline sparks to life as apartment lights flicker like a swarm of fireflies on a warm summer's night. she turns from the screen and unfurls her thick raven hair which splashes on bare pearl-white shoulders, and with a long deep sigh for another

sleepless night she waits.

time zone

i catch the clock on the wall mocking me with each incessant tickety tock as the second hand marches onward step by determined step and i do the mental math to calculate what time it must be in your distant city and imagine you walking busy cobble-stoned streets on your way to some shop or café sitting with unnamed friends and sipping a drink while i wait ever faithful for a call or a text that's sure to never come.

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"Love is something that is new, fresh, alive. It has no yesterday and no tomorrow. It is beyond the turmoil of thought. It is only the innocent mind which knows what love is, and the innocent mind can live in the world which is not innocent. To find this extraordinary thing which man has sought endlessly through sacrifice, through worship, through relationship, through sex, through every form of pleasure and pain, is only possible when thought comes to understand itself and comes naturally to an end. Then love has no opposite, then love has no conflict."

J Krishnamurti,
Freedom from the Known

About Michael R Guerin

Michael is a veteran of the USAF, serving from 1985 to 1990 and stationed for four years at Soesterberg AB in the Netherlands. From 1995 to 1998 he lived and worked with the Montfort Missionaries, a Catholic religious community, serving in a number of capacities both in St. Louis, MO and Queens, NY.

In 1998 Michael graduated from St John's University in Jamaica, NY (2nd in the class) with a BA in Theology, and he received a Master's Degree in Philosophy from Fordham University in 2002.

His first book of poetry *Ghosts, Flames & Ashes* was published in 2016, and he is currently working on a collection of essays titled *An Awakening Heart* along with working on his first novel, *A Road Less Traveled*.

He currently lives in Newtown, CT with his wife Rumpa and their two children, Adam and Amy.

To invite Michael to speak at your next event, ask him a question, share a comment, sign up to receive announcements regarding his forthcoming books or to simply say "hello" please visit www.becauseitsart.com.